DIABETES new GLP-1 start

Patient Label

Referring Physician: _____

Date: _____

Medications			
☐ Victoza ☐ Saxenda ☐ Adlyxine ☐ Trulicity ☐ Ozempic ☐ Other:			Previous use of GLP-1? Y | N
Oral DM Medications to **CONTINUE**:			
Dose Adjustments:			
Oral DM Medications to **DISCONTINUE**:			
Insulin(s):		Dose Adjustment:	

Counseling Check List	
☐ Indication for GLP-1 (Target BG and A1C goals) ☐ Mechanism of Action ☐ SBGM (frequency and recording) ☐ Appropriate titration if no s/e	Practice ☐ Patient did not want to practice in clinic ☐ Patient practiced injection: NO med delivered ☐ Practiced actual injection: _____mg delivered
☐ Explain Symptoms ☐ Very Common: nausea, diarrhea ☐ Common: hypoglycemia, headache, vomiting, burping, indigestion, inflamed stomach, GERD, painful/swollen abdomen, constipation, flatulence ☐ Advised to call clinic if persistent n/v	Handouts Provided ☐ GLP-1 start instruction ☐ Hypoglycemia ☐ Injection Technique ☐ Sharps
☐ Pen Review and priming ☐ Site selection and rotation; injection technique	☐ Need for further diabetes, dietary, therapeutic or lifestyle change education? Y | N
☐ Changing needles/pen tips and sharps disposal ☐ Temperature and Storage	☐ GLP-1 samples provided? Y | N
Notes	
Follow Up	
Clinic: ☐____ Weeks ☐ ____ Months ☐ NONE	
Phone/Email: ☐ ____ Days ☐____ Weeks ☐ PRN	

Educator: _____ Date: _____